



Yoga in Turkey

September
2018

with **ALAN BROWN**

DALYAN, SOUTHERN TURKEY 29TH SEPTEMBER - 6TH OCTOBER 2018

An idyllic spot, the Likya Pension is situated next to the Dalyan river - a family run small hotel where we have been running yoga holidays for 8 years. The town of Dalyan is a few minutes walk from the hotel - with great restaurants, shops and cafes. The hotel runs wonderful boat trips for us around the coast stopping at beautiful bays with lunch on board. Water taxis take you to the unspoilt beach where loggerhead turtles lay their eggs - a reed lined, tranquil journey with kingfishers & birds of prey. You can hire cycles, motor bikes or a car to explore the area further.

Alan is a senior level 3 Iyengar Yoga teacher who has been teaching yoga for over 30 years and studied at the Ramamani Iyengar Yoga Institute in India several times. His receptivity to individual needs brings benefit to yoga students of all levels of experience.

Included in the holiday price:

10 classes of yoga, ensuite accommodation - shared or single, breakfast each day & 2 delicious evening meals

Cost : Shared room £395 per person Single room £495

Deposit : £150 - balance payable 5 weeks before holiday start - Flights not included - Easyjet, Jet2 & Thomas Cook fly to Dalaman Airport

For Bookings & more info contact Sue sueyoga40@gmail.com 07851 195208

www.peakyoga.org.uk